

## Go Here, Go There

Founders Park

●◆ BY TERESA K. TRAVERSE

#### Alexandria

ginia is for [DOG] lovers.

> Located outside of Washington, D.C., Alexandria is the nation's capital's chic suburban sister. Our favorite neighborhood? Historic Old Town, featuring cobblestone streets and quaint brick buildings. Stroll on King Street — the heart of Old Town — and find specialty

treats, clothing and accessories at The Dog Park boutique. The Global Bridal Gallery will make a custom "puppy couture" gown to match your frock. When you're searching for a bite to eat, indulge in modern French fare like Salade Niçoise and escargot on the dog-friendly patio at one of the city's top restaurants, Bastille Brasserie & Bar. You also can check out the work of 82 different artists at the dog-friendly, vibrant and former World War II munitions factory, the Torpedo Factory Art Center.

When you're finished eating and shopping, Founders Park offers Potomac River views and plenty of green space where Fido can frolic. The majority of the Kimpton Lorien Hotel & Spa's 107 rooms are modern, soothing and dog-friendly complete with gray, blue and purple colors that come stocked

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Castle Photography

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Dirty Dancing was filmed in the state. George Washington and Thomas Jefferson resided there. But Virginia is way more than one classic '80s film and the founding fathers. The Old Dominion is also home to some of the dog-friendliest cities around. From a pooch-welcoming beach to a posh city boutique where you can order a custom dog dress to match your wedding gown, check out these three dog-friendly Virginia cities. And just remember: In Virginia, no one puts Fido in a corner.

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with pet pillows, a bed, water bowls and mats. Once or twice a month, leashed dogs can board Potomac River Company boats for the Canine Cruise and get an up-close-and-personal view of the river once a month from May to September. Best of all? Admission for dogs is free.

# ©Lorien Hotel

#### Richmond

Richmond is the state capital that's known for being a hip haven for young people and furry friends, too. Shoppers will get a kick out of strolling around high-end outdoor Stony Point Fashion Park mall. Look for the "dogs welcome" signs in boutiques like the Abbella Cakes dog bakery and Fido Park Avenue so you can step inside. Dogs must be leashed, unless they're

inside the offleash lot where they can run free.

When you're tired of browsing the shops, check into the ultra-modern Quirk Hotel,



Richmond's hottest hotel that

also allows dogs (size limit: 70 pounds and under). Staying true to its name, Quirk features an art gallery stocked with modern pieces and a boutique filled with "quirky" products. Dogs staying here receive complimentary doggie bags, which include Milk-Bones, waste bags and a special door hanger, and they can also get a doggie bed.



For even more art, head to Art Works where, for free, you and Fido can view art of all stripes in a renovated warehouse space. One of Richmond's biggest attractions, the James River, also welcomes leashed pooches. Walk alongside the water as you take in downtown Richmond skyline views. If you love water, take in the Dominion Energy Riverrock Subaru Ultimate Air Dogs Competition this May 18 through 21, 2018.

#### Virginia Beach

Virginia Beach is a beachside town with a cosmopolitan side. Best of all? Dogs are allowed on the beach during the spring, fall and winter months. During Christmas, you can drive down the boardwalk and head under the lights that



brighten up the boardwalk. When it's summertime, dogs are permitted on the boardwalk from 6 to 10 a.m. daily and on the north and south end of the beach before 10 a.m. and after 6 p.m.

If you need to take a break from watching beachgoers on the boardwalk, indulge in oceanfront views, craft beer and seafood from the patio of the 11th Street Taphouse Bar & Grille. Your dog will get water in a bucket. Boutique and luxury hotel The Founders Inn and Spa dog-friendly rooms are located next to the on-site dog park at this spot with a Colonial-era vibe complete with floral bedding and brick

buildings. During the holidays, the Founders Inn is all lit up in bright white lights that can make you and your dog feel more festive.

Feel like shopping? Try Mrs. Bones Bowtique, a dog-centric pet store that has been designing custom collars since 1988. Your dog can also let loose at one of Virginia Beach's many dog parks:



Woodstock Dog Park, Red Wing Dog Park, Bayville Farms Park or the Zoom Room, an indoor dog park. *Continued on page 65* 



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#### Mind & Body | Continued from page 19

humped first. If you know you have young ones coming over, have a special toy at the door they can give your dog when entering. If your dog is kid friendly, have two toys so that older children can toss one after the other (while avoiding taking the toy from the dog). Show younger children how to stand still and "be a tree" to help set the dog up for success and limit his exuberance around greetings. You can show kids how smart your dog is by teaching him another behavior such as walking away and lying on a bed, doing a play bow or some other kind of activity that encourages your dog's energy to go elsewhere.

WE LOVE OUR DOGS, BUT SOMETIMES **THEIR BEHAVIOR** IS NOT SOCIALLY ACCEPTABLE AND **CAN BE DOWNRIGHT EMBARRASSING.** 

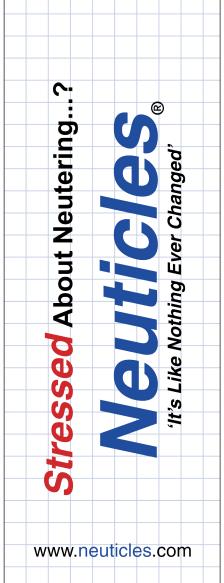
#### Potty problems

One of the biggest faux pas dogs make is when they toilet in a home they are visiting. Be sure your dog has eliminated before arriving at a friend's home, or ask that the same thing be done before a friend's dog comes over to yours. Keep your dog in a smaller space, such as a tiled kitchen until he is relaxed. Avoid vertical surfaces or expensive rugs, and keep your dog tethered to you until he is calm in the new environment, and you are sure he will not eliminate. Explore new environments together to prevent marking in new places. If you know your dog is likely to mark, allow him some playtime in the backyard first before coming inside.

Following these few simple guidelines will set your dog up for success and save you from having to endure embarrassing situations. \* **Go Here, Go There** | Continued from page 55



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- 11th Street Taphouse Bar & Grille octaphouses.com
- The Founders Inn and Spa foundersinn.com
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